

# Activity Tracker

*Suggested timeframe of completion: Complete periodically throughout the school year*

Experiential learning can come in many forms, and is the process of learning through experience, more specifically learning through reflection on the things you’ve done. Some experiential learning activities include listening and engaging with expert presenters, taking tours and field trips, engaging in entrepreneurship activities and community-based learning, job shadowing, internships, mentoring, completing apprenticeships, and attending college and career fairs.

As you get ready to start high school, think about the activities that you participated in related to college, career, or self-exploration. Use the Activity Tracker below to list experiential learning activities that you have completed this year. Don’t forget to share your full experience in the space provided.

1	<b>Learning Activity</b>
	<b>Summary of Experience</b>
	<i>What did I do/learn? What did I think about it? How it changed my view? Did I learn something about myself?</i>
	<b>I Learned More About Different Career</b>
	No
	<b>This helped me think of some things I’d like to do</b>
	No

**Mark As Complete**  
No