

Personality Type: What Makes Me Unique?

Self-Reflection: Answer the following questions about your own personality. Make sure to answer each one thoughtfully and in **complete sentences**.

How would you describe yourself in 3 words?

Is your personality like either of your parents? Why or why not?

What qualities do you most admire in yourself?

What is your biggest weakness?

What is your greatest strength?

Quick Check-In: What is “personality” and what are some reasons to study it?

5- Minute Personality Test Reflection

1. Based upon your personality assessment results, what is your top personality type?

- A. Otter
- B. Lion
- C. Golden Retriever
- D. Beaver

2. Based upon the short description for your top personality type, do you agree that this personality might be a match for you?

- Yes
- No

If yes, explain why:

If no, explain why:

Personality Reflection

List 3 things that are specific to this personality type that accurately describe you:

1. _____
2. _____
3. _____

What strengths and weaknesses do people with your personality type tend to have?

What skills, interests, and talents are common?

Personality Reflection continued...

Is there anything specific to this personality type that DOESN'T describe you?

Do Now: Based on the "5 Minute Personality Test" you were matched with an animal that represents your personality type. If you were to choose a DIFFERENT animal (not one of those four) that you feel represents you, what would you choose and why?

16 Types Personality Assessment Reflection

Based upon your personality assessment results, what is your top personality type?

Title: _____

4-letter code: _____

Based upon the short descriptions of your top personality type, do you agree that this personality might be a match for you?

Yes

No

If yes, explain why:

If no, explain why:

Personality Reflection

Now go to the following website: [Personality Descriptions](#) and scroll down to find your personality type. You will be looking for your 4-letter combination because the title might be slightly different. You can also ignore the letter "A" or "T" at the end of your 4-letter combination because it is from a different assessment.

List 3 things that are specific to this personality type that accurately describe you:

1. _____
2. _____
3. _____

What strengths and weaknesses do people with your personality type tend to have?

What skills, interests, and talents are common?

Is there anything specific to this personality type that DOESN'T describe you?

What are some recommended career paths for your personality type?

Which (if any) of these career types interests you? Explain your reasoning.