



Fitness Trainers and Aerobics Instructors

**NEXT
STEPS**
IDAHO

What Is It?

Instruct or coach groups or individuals in exercise activities. Demonstrate techniques and form, observe participants, and explain to them corrective measures necessary to improve their skills. Excludes teachers classified in 25-0000 Education, Training, and Library Occupations. Excludes Coaches and Scouts (27-2022) and Athletic Trainers (29-9091).

What Do They Typically Do?

- Performing General Physical Activities
- Updating and Using Relevant Knowledge
- Establishing and Maintaining Interpersonal Relationships

Annual Income:

- Entry Level: \$24,690
- Typical: \$39,730
- Experienced: \$43,870

Major Employers:

Arts, Entertainment, and Recreation, Other Services (Except Public Administration)

What do I do next?

Learn about the job culture:

- Schedule at least one informational interview
- Conduct a job shadow, if possible
- Research available volunteer or intern opportunities

Prepare for training:

- Visit and call trade schools or colleges that offer a related program
- Research regional job openings at: idahoworks.gov

Explore all pathways to certification:

labor.idaho.gov/jobscape

Talk to your school counselor or advisor for more information

Get started today!

Ask about the career & technical programs at your school or nearby technical college.

Check out Idaho Digital Learning Academy for online opportunities: idahodigitallearning.org

For tips, tools, and resources to learn how your skills and interests can translate to a rewarding career, visit the Next Steps Idaho website.

www.NextSteps.Idaho.gov



Data provided by O*NET National Resource Center, onetcenter.org and Idaho Department of Labor

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